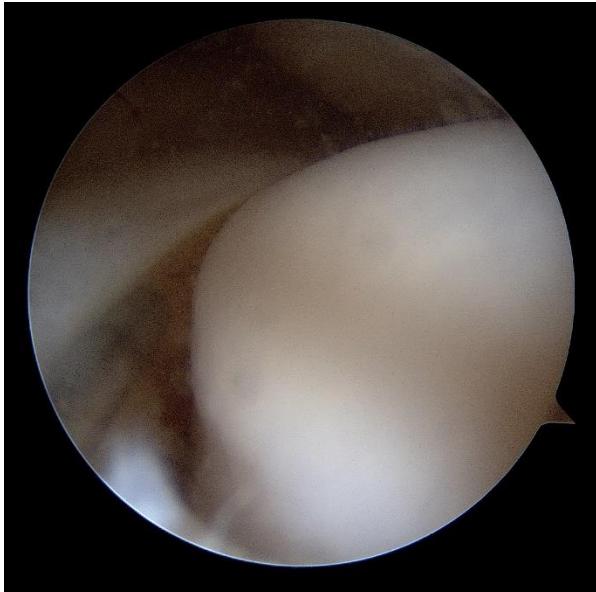




Anterior meniscus root tear ?

Burt Klos
Stephan Konijnenberg
Netherlands



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Anterior root tear ?

- Anterior meniscus dislocation 1984 1998
- Anterior meniscus subluxation 2003
- Hypermobile snapping medial meniscus 2008
- Detached anterior horn medial meniscus 2015
- Anterior medial root tear repair 2015/2016
- Anterior meniscus extrusion 2018
- **Anteromedial Meniscofemoral Ligament of the Anterior Horn of the Medial Meniscus: Clinical, Magnetic Resonance Imaging, and Arthroscopic Features. Arthroscopy 2018**
- **Incidence : 0,5 %**
- **MRI negative**
- **Arthroscopy : Band and extrusion**



ICONE

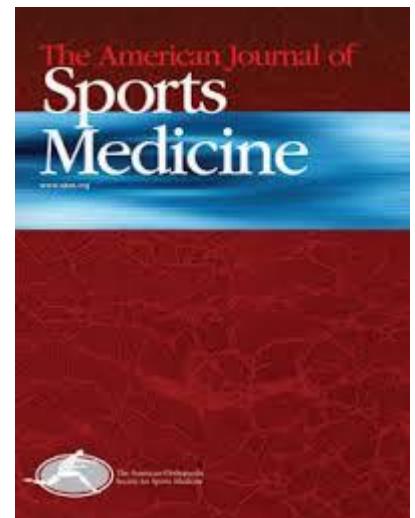
[Am J Sports Med.](#) 1984 Jan-Feb;12(1):57-64.

Symptomatic dislocation of the anterior horn of the medial meniscus.

[Clancy WG, Keene JS, Goletz TH.](#)

13 patients

The first four patients had traditional medial meniscectomies, the next four patients had repair of the anterior horn, and the last five patients had partial resection of the meniscus

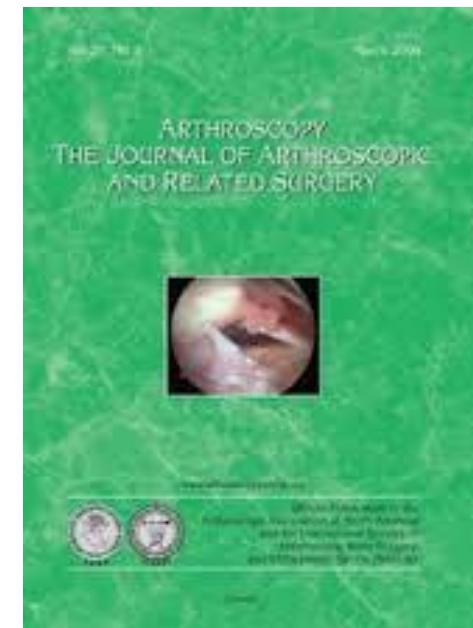


[Arthroscopy](#). 1998 Apr;14(3):246-9.

Dislocating anterior horn of the medial meniscus.

[Pinar H¹](#), [Akseki D](#), [Bozkurt M](#), [Karaoglan O](#).

- Dislocating anterior horn of the medial meniscus is a normal anatomic variant with little or no clinical significance



[J Radiol.](#) 2008 Jan;89:53-6.

[Hypermobile snapping medial meniscus: features on flexion-extension MRI].

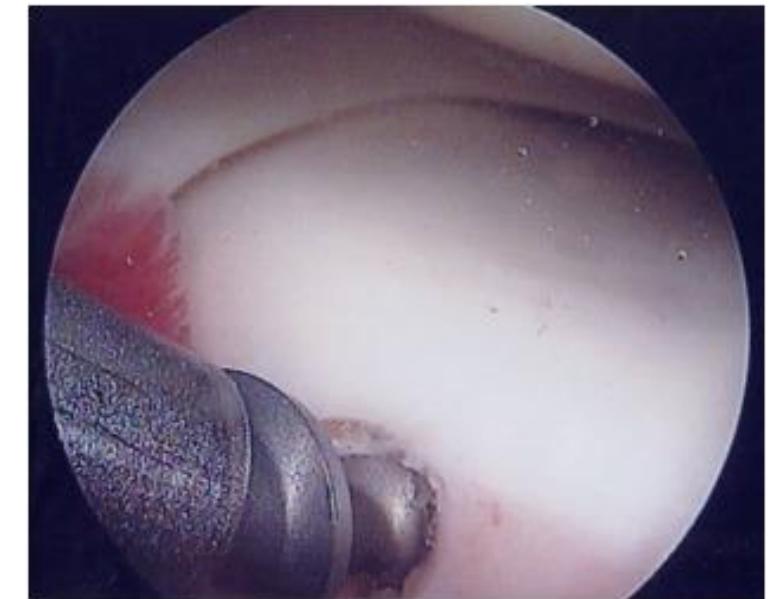
[Poey C¹](#), [Couette P](#), [Savorit L](#), [Guy F](#), [Raynaud M](#), [Dutheil A.](#)

- The anterior horn of the medial meniscus was anteriorly subluxed during extension with reduction during flexion.

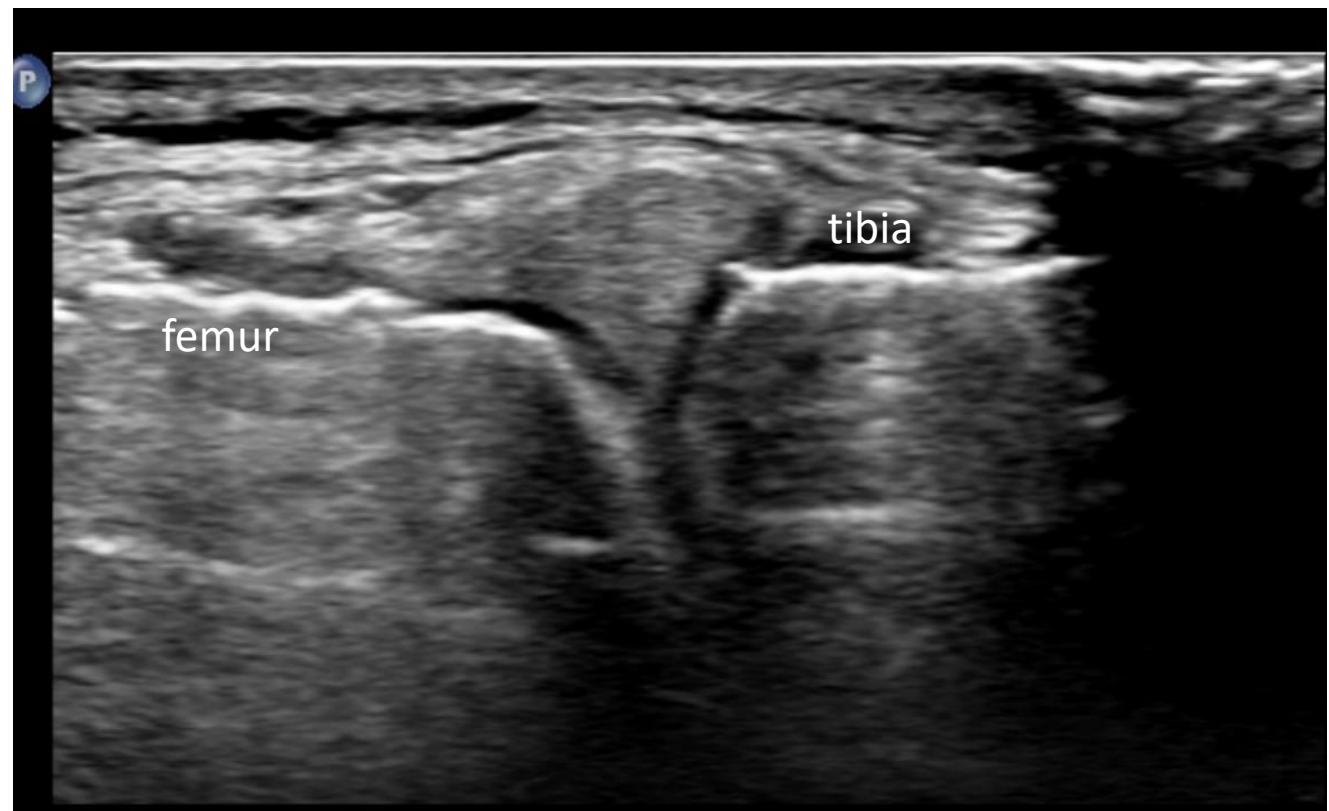
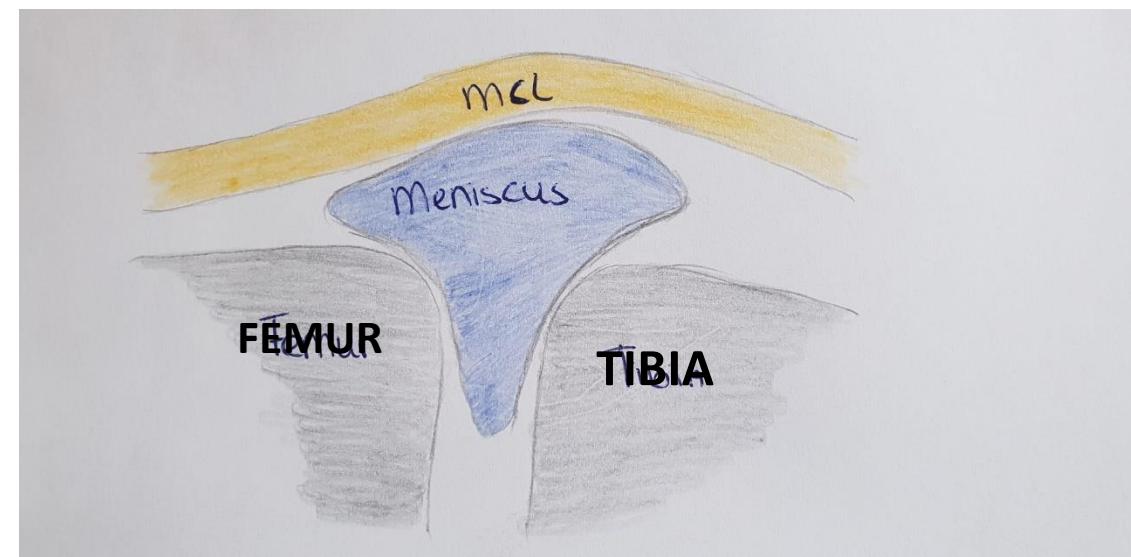


Anterior medial root meniscus repair

- Menge ,La Prade
 - Anterior meniscus root repair , Arthroscopy Techniques 2016
 - Double tunnel pull out , cortical fixation device
-
- Osti , Maffuli , Translational medicine 2015
 - Anterior meniscus root tear all inside repair
 - Shoulder suture screw anchor . N = 12



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260200VE

41501580101001
MR Gen

2/26/2000 F

10410-4

4.08 CM

Image 1/181

RS

2D

64%

Dyn R 68

P Med

Gen

P

SEM KONIJNENBERG

TIS0.4

MI 0.7 Zoom 100%

M3



FEMUR

TIBIA

x3

4.0cm

*** bpm

Knee LeftMedial Post

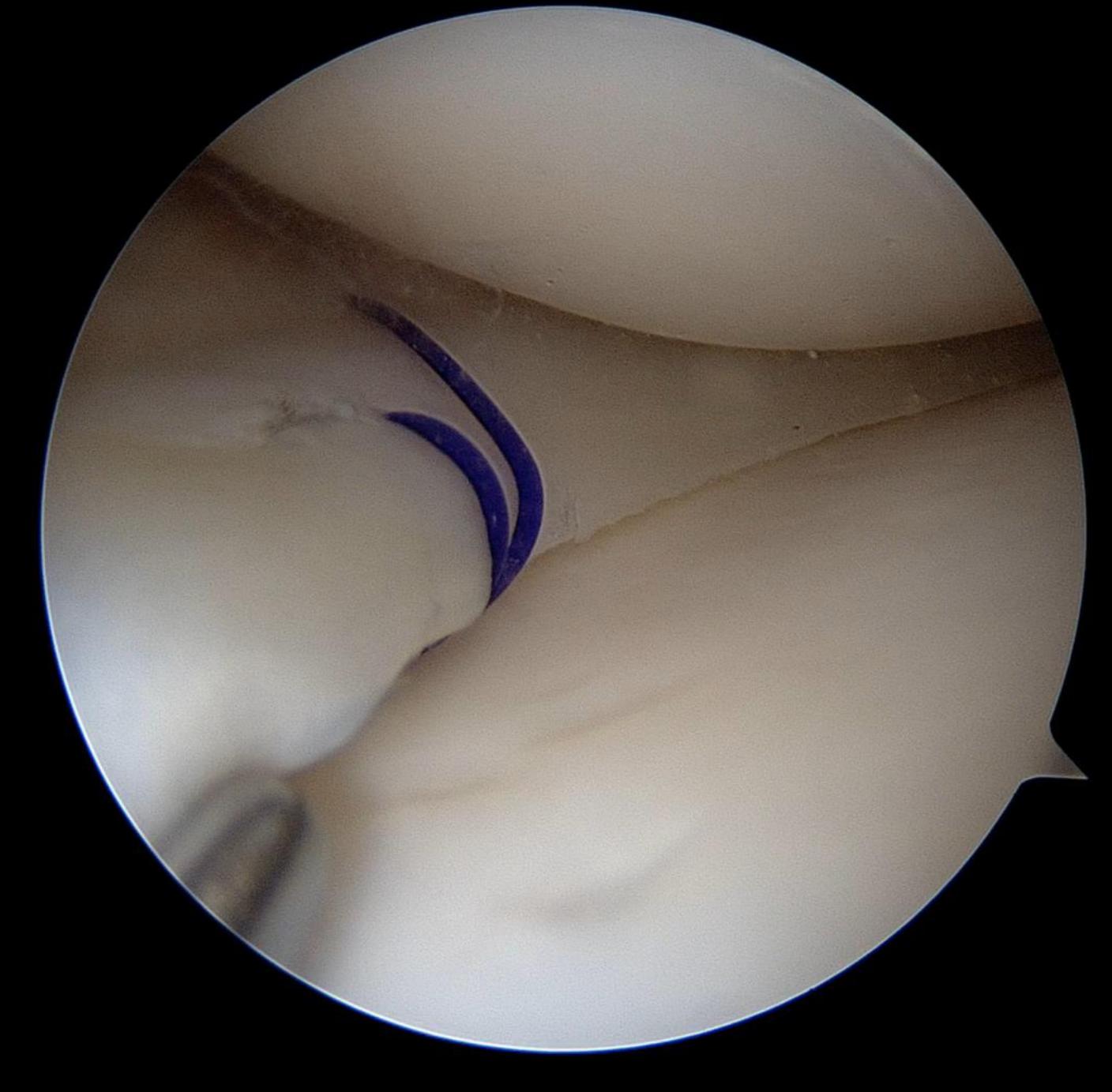
0 BPM



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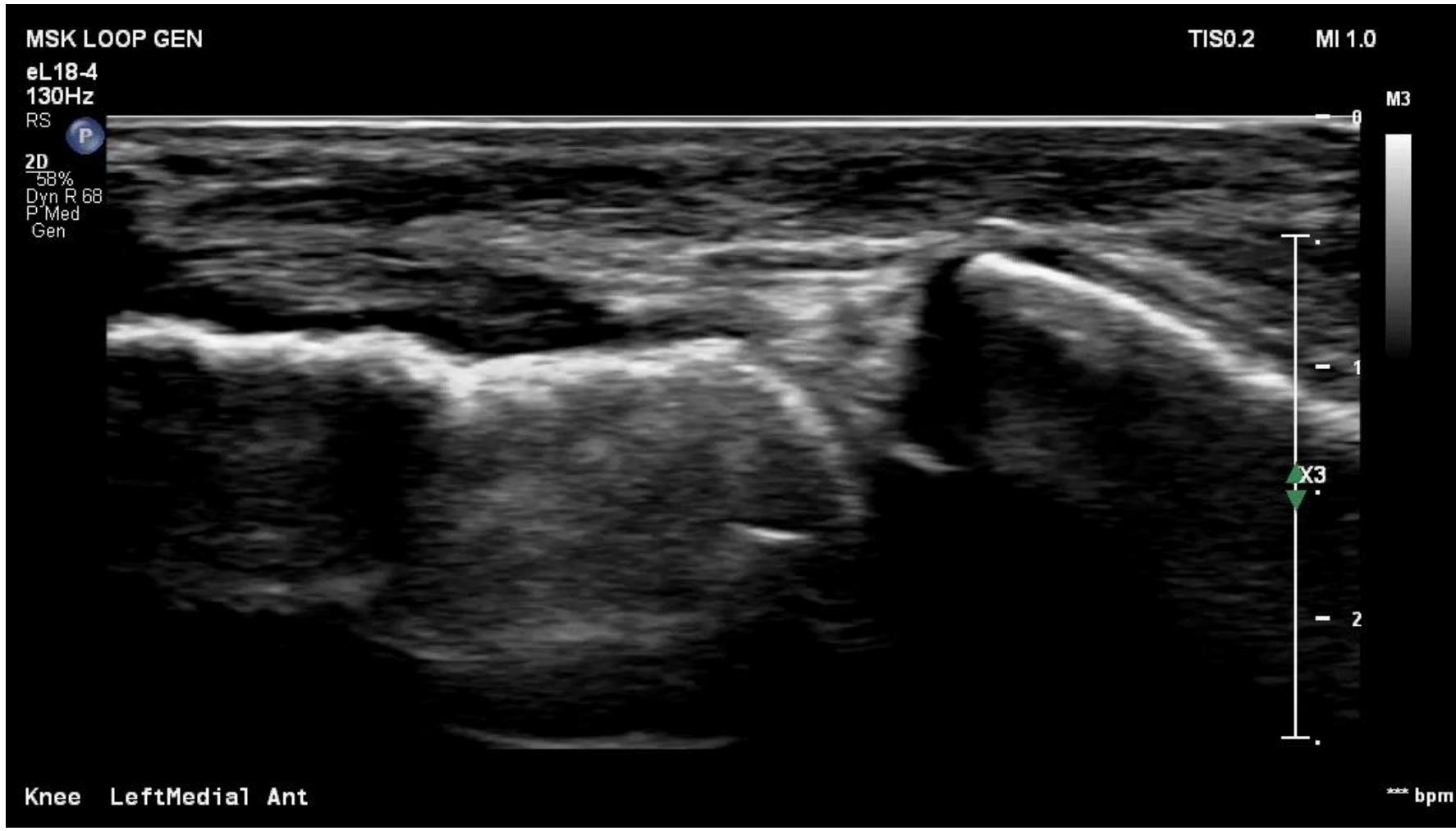
repair

- Video
- Probe
- Suture
- Repair



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Ultrasound 6 wk after meniscus anterior repair



Conclusion

- Meniscus anterior instability
- Dynamic imaging > expected higher incidence
- Meniscus extrusion reduced with meniscus sutures ?
- No numbers , no follow up



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